

Shinsa Unified Criteria (for Godan and under) - 2016

Dan/Kyū Rank	Formal Movement ( <i>Taihai</i> )	Shooting Principle and Shooting Skill ( <i>Shahō-Shagi</i> )	Remarks
Godan	<p>All the movements (<i>Kiyo-Shintai</i>) obey the criterion. There is composure in the deportment and attitude. <i>Taihai</i> is not just empty form but is coordinated with <i>Ikiai</i>. Kimono is worn and <i>Hadanugi/Tasuki-sabaki</i> performed.</p>	<p>The <i>Sanjū-Jūmonji</i> and <i>Gojū-Jūmonji</i> do not collapse. The transition to <i>Daisan</i> is executed correctly and <i>Hikiwake</i> is carried out smoothly to <i>Kai</i> by the use of <i>Tatesen</i>. Stability and fullness of spirit, a deep <i>Kai</i> with <i>Tsumeai</i> and <i>Nobiai</i> carried through, a sharp <i>Hanare</i>, clear <i>Tsurune</i> and <i>Zanshin</i> full of spiritual energy (<i>Kiryoku</i>), etc. are positive points. The collapse of the <i>Jūmonji</i> at <i>Hanare</i>, the hands slackening (<i>Yurumi</i>), going up (<i>Banzai</i>), down (<i>Kirisage</i>), back towards the <i>Mato</i> (<i>Okuru</i>), or a <i>Hanare</i> forced with the hands, etc. are negative points. Dignity and refinement are expressed in the shooting which is combined with the <i>Taihai</i> into a unified whole.</p>	<p><i>Tasuki-Sabaki</i> is not performed in <i>Rissha</i>.</p>
Yondan	<p>Tangible progress has been made compared to Sandan. <i>Taihai</i> is correct and attention is paid to the coordination of the movements with <i>Ikiai</i>. <i>Shitsu</i> are dealt with properly. The shooting is performed correctly in accordance with the shooting procedure in <i>Shinsa</i>.</p>	<p>The form of the <i>Hassetsu</i> is suitable and coordinated with <i>Ikiai</i>. <i>Sanjū-Jūmonji</i> and <i>Gojū-Jūmonji</i> are mostly respected and <i>Hikiwake</i> is carried out smoothly. Effort is made towards <i>Tsumeai</i> and <i>Nobiai</i>, and fullness of spiritual energy (<i>Kiryoku</i>) can be seen. A <i>Tenouchi</i> working efficiently and progress shown in the <i>Hanare</i> and <i>Zanshin</i> are positive points. The absence of <i>Yugaeri</i>, an important drop of the <i>Nigiri</i>, etc. are negative points. Consistency is reached in hitting the <i>Mato</i>.</p>	
Sandan	<p>The breathing is ordered. The <i>Taihai</i> and shooting procedure in <i>Shinsa</i> are mostly correct.</p>	<p>Shooting technique is performed with spiritual energy (<i>Kiryoku</i>). <i>Sanjū-Jūmonji</i> and <i>Gojū-Jūmonji</i> are suitable for the level. The working of the <i>Tenouchi</i>, <i>Yazuka</i>, <i>Hōzuke</i>, <i>Munazuru</i> and <i>Matozuke</i> are suitable for the level. <i>Yugaeri</i> is desirable. <i>Hanare</i> is strong and along the <i>Yasuji</i>. Arrows flying with energy, the presence of focused spirit (<i>Kiai</i>) in <i>Zanshin</i>, etc. are positive points. There is some consistency in hitting the <i>Mato</i>.</p>	
Nidan	<p><i>Taihai</i> is mostly performed in the correct order. The handling of the <i>Yumi-Ya</i>, <i>Yatsugae</i>, the movement of the feet, etc. are mostly executed smoothly.</p>	<p>There is noticeable progress compared to Shodan. <i>Sanjū-Jūmonji</i> and <i>Gojū-Jūmonji</i> become apparent. Continuous spiritual energy (<i>Kiryoku</i>) and effort in trying to expand in <i>Kai</i> are shown. The direction of <i>Hanare</i> and the <i>Zanshin</i> are mostly correct. There is no disarray in the placing of the arrows. <i>Tekichū</i> is not part of the assessment. If <i>Hazukobore</i> occurs, judgement will be based on the remaining arrow. Dropping two arrows is considered a fail. (This applies to Shodan and Nidan examinations.)</p>	

Shodan	The form of the movements and postures is good. It is evident that correct guidance has been received.	The form of the <i>Hassetsu</i> is mostly suitable and the movements are smooth. <i>Ashibumi</i> and <i>Dōzukuri</i> are firmly established. The form of the <i>Tenouchi</i> is almost acquired. Effort is made to hold the <i>Kai</i> until the fulfilment of spiritual energy ( <i>Jiman</i> ) and the release is strong. The <i>Zanshin</i> and <i>Toriyumi no Shisei</i> resulting from <i>Yudaoshi</i> do not collapse too much. The arrow dropping off the <i>Yamakura</i> is not considered an issue.	
Ikkyū	The candidate is more accustomed to the handling of the <i>Yumi-Ya</i> . <i>Taihai</i> is performed without mistakes.	The form and the way of carrying out the <i>Hassetsu</i> are mostly correct. If the body is not totally straight or moves at <i>Hanare</i> and <i>Zanshin</i> , it is not considered an issue. If <i>Hazukobore</i> occurs, judgement will be based on the remaining arrow. If both arrows fall, judgement will be based on a third arrow. If the arrow drops again, it is a fail. (This applies to all Kyū examinations.)	
Nikyū	Progress has been made compared to Sankyū. <i>Taihai</i> is carried out in sequence.	The <i>Hassetsu</i> is mostly carried out without mistakes.	
Sankyū	Effort in trying to perform the basic movements according to the fundamentals can be seen. <i>Toriyumi no Shisei</i> , the holding and handling of the <i>Yumi-Ya</i> , <i>Yatsugae</i> , and <i>Yudaoshi</i> can be mostly executed. The <i>Hassetsu</i> can be carried out.		
Yonkyū	The candidate has become accustomed to the handling of the <i>Yumi-Ya</i> . The arrow can be shot safely.		
Gokyū	Beginner stage. The arrow can be nocked on and shot.		